

Starters

CHICKEN CAESAR SALAD PAN FRIED CHICKEN PIECES ON A BED OF CRISP LETTUCE, WITH FRIED BACON, CROUTONS, PARMESAN SHAVING AND CAESAR DRESSING <i>contains wheat, egg, lactose / garnish contains mustard</i>	€7.00
CHINESE SPRING ROLLS <i>contains wheat, egg</i> SERVED WITH SWEET & SOUR SAUCE <i>contains sulphur dioxide / garnish contains mustard</i>	€5.50
STUFFED MUSHROOMS FILLED WITH CREAM CHEESE, COOKED IN A CRISPY BATTER & SERVED WITH GARLIC MAYONNAISE <i>contains wheat, egg, lactose / garnish contains mustard</i>	€5.75
CLONAKILTY MUSHROOMS BREADED AND STUFFED WITH CLONAKILTY PUDDING <i>contains wheat, egg, lactose</i> & SERVED WITH A GARLIC DIP <i>contains egg / garnish contains mustard</i>	€5.95
SATAY CHICKEN SKEWERS TENDER PIECES OF CHICKEN SKEWERED WITH PEPPERS, ONIONS & SERVED WITH SATAY SAUCE <i>contains wheat, peanuts, mustard, soya / garnish contains mustard</i>	€6.00
BREADED SALMON & POTATO CAKES POACHED SALMON, CREAMY POTATO AND ONIONS, BREADED AND BAKED IN OVEN, SERVED WITH A LEMON AND CORIANDER DIP <i>contains fish, wheat, egg, lactose / garnish contains mustard</i>	€7.95
ITALIAN GARLIC BREAD TOPPED WITH GARLIC BUTTER, SLICED TOMATO, CHORIZO, MOZZARELLA AND BAKED <i>contains wheat, lactose / garnish contains mustard</i>	€4.50

The Wilton

PUB & RESTAURANT

BREADED CAMEMBERT WEDGES SERVED WITH SALAD AND A RASPBERRY DRESSING <i>contains wheat, lactose / garnish contains mustard</i>	€5.95
SAUTED GARLIC PRAWNS KING PRAWNS PAN FRIED IN GARLIC BUTTER ON A BED OF CRUNCHY CHINESE CABBAGE <i>contains crustaceans - cabbage fried in oil that may contain wheat</i>	€8.50
HOMEMADE SOUP OF THE DAY <i>ask your server - some may contain celery, lactose</i> SERVED WITH HOMEMADE BROWN BREAD <i>contains wheat, lactose</i> GLUTEN FREE BREAD AVAILABLE ON REQUEST	€4.50
CREAMY SEAFOOD CHOWDER <i>contains fish, molluscs, crustaceans, lactose</i> SERVED WITH HOMEMADE BROWN BREAD <i>contains wheat, lactose</i> GLUTEN FREE BREAD AVAILABLE ON REQUEST	€5.50
PRAWN & CRAYFISH COCKTAIL KING PRAWNS AND CRAYFISH ON A BED OF CRISP LETTUCE SERVED WITH A COCKTAIL SAUCE <i>contains crustaceans, egg, wheat</i>	€8.50

Steaks

10.OZ TENDER FILLET STEAK (ORIGIN IRELAND)	€23.95
14.OZ PRIME SIRLOIN STEAK (ORIGIN IRELAND)	€23.95
10.OZ PRIME SIRLOIN STEAK (ORIGIN IRELAND) ALL OF THE ABOVE STEAKS ARE SERVED WITH MUSHROOMS AND ONIONS, PEPPER SAUCE <i>contains lactose</i> OR GARLIC BUTTER <i>contains lactose</i>	€20.95

WILTON FILLET SIZZLER (10.OZ) (ORIGIN IRELAND)	€24.95
WILTON SIRLOIN SIZZLER (14.OZ) (ORIGIN IRELAND) ALL OUR SIZZLERS ARE COOKED TO YOUR LIKING, SERVED ON A HOT PLATE WITH CHEF'S OWN BLACK BEAN & GARLIC SAUCE <i>contains wheat, fish</i>	€24.95
MEDALLIONS OF BEEF FILLET TENDER MEDALLIONS OF BEEF FILLET SERVED ON A BED OF MUSHROOM, BACON, POTATO AND KING PRAWN IN AN OYSTER SAUCE <i>contains wheat, crustaceans, soya</i>	€24.95



Steak on the Stone WILTON HOUSE SPECIAL €24.95

(ORIGIN IRELAND)
COOK YOUR OWN 10 OZ TENDER FILLET STEAK, WATCH IT SIZZLE
PRESENTED ON A SEARING LAVA ROCK TO COOK AT YOUR TABLE.
THIS HEALTHY ALTERNATIVE IS THE ULTIMATE IN TASTE PRESENTATION.
SERVED WITH HOUSE SALAD *dressing contains mustard* OR POTATO OR FRENCH FRIES *deep fried in oil that may contain wheat*
A TRIO OF SPECIAL DIPPING SAUCES *contains lactose* AND ONION RINGS *contains wheat, lactose*

Seafood

BREADED SCAMPI DEEP-FRIED BREADED SCAMPI SERVED ON A BED OF LETTUCE AND HOMEMADE TARTARE SAUCE <i>contains crustaceans, wheat, lactose, eggs</i>	€19.00
BLACKENED SALMON STEAK SERVED ON A BED OF STIR FRIED VEGETABLES WITH A CAJUN SAUCE <i>contains fish, celery</i>	€20.50
BAKED COD IN GARLIC & HERB CRUST SERVED WITH A CREAMY CUCUMBER AND LEMON SAUCE <i>contains fish, wheat, lactose</i>	€17.00

DEEP FRIED FILLET OF PLAICE SERVED WITH HOMEMADE TARTARE SAUCE <i>contains fish, wheat, lactose</i>	€16.00
SIZZLING KING PRAWNS IN GARLIC WITH BASMATI RICE <i>contains crustaceans, lactose</i>	€20.00
FISH OF THE DAY ASK YOUR SERVER FOR DETAILS <i>check with your server for allergen present on the day</i>	
TRADITIONAL FRESH FISH AND CHIPS FILLET OF FRESH COD IN A CRISPY BATTER SERVED WITH MUSHY PEAS & FRENCH FRIES <i>contains wheat / tartare sauce contains egg / deep fried in oil that may contain wheat</i>	€15.95

Poultry

BREAST OF CHICKEN KIEV <i>contains wheat, eggs, lactose</i> OVEN BAKED BREADED CHICKEN SUPREME, FILLED WITH GARLIC BUTTER	€15.00
HALF ROAST SIZZLER DUCK <i>contains wheat, fish, mustard</i> SERVED ON A SIZZLING PLATE WITH CHEF'S OWN HONEY AND MUSTARD SAUCE	€19.00
ROAST STUFFED CHICKEN AND HAM <i>contains wheat, lactose</i> SERVED WITH A SELECTION OF VEGETABLES AND POTATO	€16.00
BREAST OF CHICKEN MARYLAND <i>contains wheat, eggs, lactose</i> BREADED BREAST OF CHICKEN, OVEN BAKED, SERVED WITH BACON, PINEAPPLE, BANANA FRITTERS AND GRILLED TOMATO	€16.50

SATAY CHICKEN SKEWERS <i>contains wheat, peanuts, mustard, soya</i> TENDER CHICKEN PIECES, SKEWERED WITH ONION AND PEPPERS MARINATED, AND SERVED WITH A SATAY SAUCE	€16.50
CHINESE CHICKEN SWEET & SOUR BREAST OF CHICKEN, FRIED IN A LIGHT BATTER SERVED WITH SWEET AND SOUR SAUCE AND BASMATI RICE <i>contains wheat</i>	€16.00
CHICKEN THAI GREEN CURRY SERVED WITH BASMATI RICE AND POPPADOMS <i>contains lactose, fish / poppadoms contains wheat</i>	€15.00
BREAST IN A BUN WITH COLESLAW <i>contains wheat / maire rose sauce contains eggs, fish</i>	€14.00

From the Grill

GRILLED LAMB CUTLETS (ORIGIN IRELAND) TENDER LOIN CUTLETS COOKED TO YOUR LIKING, SERVED WITH SELECTION OF VEGETABLES & FRENCH FRIES OR WILTON FRIES OR SIDE SALAD OR BAKED POTATO WITH SOURED CREAM <i>Vegetables may contain lactose, mustard / French Fries and Wilton Fries deep fried in oil that may contain wheat / Wilton Fries contain lactose / Sour Cream contains lactose</i>	€16.50
MIXED GRILL (ORIGIN IRELAND) LAMB CUTLET, RASHERS, SAUSAGES, BLACK AND WHITE PUDDING, FRIED EGG, GRILLED TOMATO, MUSHROOMS & ONIONS <i>contains wheat, eggs - sausages contain wheat, celery, soya, lactose, mustard - pudding contains wheat</i>	€16.00
HOME BAKED LASAGNE (ORIGIN IRELAND) PREPARED WITH CHEF'S OWN BOLOGNAISE RECIPE, SERVED WITH GARLIC BREAD <i>contains wheat / garlic bread contains wheat, lactose</i>	€13.50
HOMEMADE BEEF BURGER (ORIGIN IRELAND) €13.50 SERVED IN A BUN WITH LETTUCE, TOMATO AND CHOPPED ONION (OPTIONAL SERVED WITH A WILTON FRIED EGG) <i>contains wheat, lactose - egg for the option</i>	

CHEESE BURGER (ORIGIN IRELAND) SERVED IN A BUN WITH LETTUCE, TOMATO, CHOPPED ONION, TOPPED WITH MELTED RED CHEDDAR <i>contains wheat, lactose</i>	€13.50
BACON AND CHEESE BURGER (ORIGIN IRELAND) WRAPPED IN BACON AND TOPPED WITH MELTED MOZZARELLA CHEESE, SERVED IN A BUN WITH LETTUCE, TOMATO AND CHOPPED ONION <i>contains wheat, lactose</i>	€14.50
PEPPER BURGER (ORIGIN IRELAND) SERVED WITH PEPPER SAUCE <i>contains wheat, lactose</i>	€13.50
MUSHROOM BURGER (ORIGIN IRELAND) SERVED WITH A CREAMY MUSHROOM SAUCE <i>contains wheat, lactose</i>	€13.50
TRADITIONAL IRISH STEW CHEF'S OWN LAMB STEW RECIPE <i>contains celery</i>	€13.50
STEAK BAGUETTE SERVED WITH ONIONS, COLESLAW AND CHIPS <i>contains wheat, lactose</i>	€14.00

ALL OF THE ABOVE MAIN COURSES SERVED WITH FRENCH FRIES, WILTON FRIES OR SIDE SALAD OR BAKED POTATO WITH SOUR CREAM

Vegetables may contain lactose, mustard / French Fries and Wilton Fries deep fried in oil that may contain wheat / Wilton Fries contain lactose / Sour Cream contains lactose

Salads & Vegetarian Dishes

VEGETABLE BAKE TRADITIONAL VEGETABLE MIX BAKED IN A CREAMY SAUCE TOPPED WITH CHEESE <i>contains celery, lactose</i>	€11.50
VEGETARIAN STIR FRY COOKED IN A CHOICE OF BLACK BEAN SAUCE <i>contains wheat, fish</i> , SWEET & SOUR SAUCE, OYSTER SAUCE <i>contains molluscs</i> , OR HONEY & MUSTARD SAUCE <i>contains mustard, fish, wheat</i> & SERVED ON A BED OF RICE	€11.50
WARM CHICKEN SALAD (ORIGIN IRELAND) PAN FRIED CHICKEN PIECES WITH PEPPERS AND PESTO ON A BED OF MIXED LETTUCE <i>dressing for lettuce contains mustard</i>	€14.00

FILLET STEAK SALAD TENDER STRIPS OF FILLET STEAK COOKED TO YOUR LIKING, WITH PINE NUTS, CHOPPED RED ONION ON BED OF MIXED LETTUCE <i>contains nuts / dressing for lettuce contains mustard</i>	€16.00
CHICKEN CAESAR SALAD PAN FRIED CHICKEN PIECES ON BED OF CRISP LETTUCE, WITH FRIED BACON, CROUTONS, PARMESAN SHAVINGS AND CAESAR DRESSING <i>contains wheat, egg, lactose</i>	€14.00
VEGETARIAN SALAD <i>ask your waiter/waitress for contents and allergens</i>	€11.50
COLD MEAT SALAD <i>ask your waiter/waitress for contents and allergens</i>	€14.50
HOMEMADE OMELETTE CHOOSE YOUR OWN FILLING <i>contains eggs / ask your waiter/waitress for contents and allergens</i>	€11.50

Kiddies Corner

BURGER & CHIPS <i>contains wheat</i>	€6.00
FISH FINGERS & CHIPS <i>contains fish, wheat, lactose, egg</i>	€6.00
CHICKEN NUGGETS & CHIPS <i>contains wheat, lactose</i>	€6.00
SAUSAGES & CHIPS <i>contains wheat</i>	€6.00
BREAST OF CHICKEN & CHIPS <i>contains deep fried in oil that may contain wheat</i>	€6.00
MINI MARGUERITE PIZZAS & CHIPS <i>contains wheat, lactose</i>	€6.00
SPAGHETTI BOLOGNAISE <i>contains wheat</i>	€6.00

The Wilton

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Homemade Desserts

WARM CHOCOLATE AND RUM FUDGE GATEAU <i>contains wheat, nuts, lactose, eggs</i>	€6.50
CHEESE CAKE OF THE DAY <i>contains nuts, lactose</i>	€5.00
FRESH FRUIT PAVLOVA <i>contains lactose, eggs</i>	€5.00
LEMON CHEESE CAKE <i>contains wheat, lactose</i>	€5.00
WARM APPLE PIE & CREAM <i>contains wheat, lactose, eggs</i>	€5.00
SHERRY TRIFLE <i>contains wheat, lactose, eggs</i>	€5.50
BANOFFI PIE <i>contains wheat, lactose</i>	€6.50
HOMEMADE BROWN BREAD ICE CREAM <i>contains wheat, lactose, eggs</i> "Sinful"	€6.50

Tea & Coffee

TEA	€2.00
COFFEE	€2.00
CAPPUCCINO/ LATTE <i>contains lactose</i>	€2.70
ESPRESSO	€2.50
HERBAL TEA	€2.10
HOT CHOCOLATE <i>contains lactose</i>	€2.70

White Wines

HOUSE WINES

Chile - Chilensis Sauvignon Blanc <i>Fresh and crisp palate with intense acidity, nice middle body and a dry fruit finish.</i>	G1 €5.95	€21.50
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Australia - Hungerford Hill Higher Octave Chardonnay <i>The palate displays juicy citrus flavours and racy acidity with a clean crisp finish.</i>	G1 €5.95	€21.50
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SPECIALLY SELECTED WINES

France - Laroche Sauvignon Blanc <i>Very fresh wine with good acidity. The finish is rich, round and well balanced.</i>		€22.00
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France - Laroche Chablis <i>Dry and delicate - textbook Chablis</i>	G1 €7.65	€33.00
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Italy - Gabriella Pinot Grigio <i>Fruity with hints of almonds and toast. Well-balanced and definitely dry.</i>	G1 €5.95	€22.00
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Germany - Villa Huesgen Riesling <i>Fruity peach nose with a hint of rose. Medium body with nice acidity.</i>		€22.00
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Spain - Muriel Rioja Blanco <i>Light, pale yellow colour, intense fruit and flower aromas. Fresh taste with a touch of acidity.</i>	G1 €6.40	€23.00
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South Africa - Post House Chenin/Sauvignon Blanc <i>An off dry white with citrus fruit flavours and a crisp finish</i>		€23.00
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New Zealand - Old Coach Road Sauvignon Blanc <i>Well-balanced, fresh and zingy with lovely tropical fruit weight.</i>	G1 €7.15	€26.00
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HALF BOTTLE

Chile - Torreón De Parades Sauvignon Blanc <i>Crisp, with a well balanced acidity that lends a nice long finish.</i>		€12.50
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SPARKLING

Spain - Vallformosa Cava <i>Very supple with a round body and full structure. Good length with a fresh aftertaste.</i>		€26.00
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France - Champagne Pannier NY <i>It doesn't have to be a celebration to pop a bottle but when you do - it! A super, super Champagne.</i>		€58.00
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Red Wines

HOUSE WINES

Chile - Chilensis Merlot <i>Good acidity and balance, with sweet tannins and an elegant finish.</i>	G1 €5.95	€21.50
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Australia - Hungerford Hill Lower Octave Shiraz <i>The palate has full-bodied, soft fruit flavours with ripe sweet tannins and a long finish.</i>	G1 €5.95	€21.50
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SPECIALLY SELECTED WINES

France - Laroche Cabemet Sauvignon <i>Elegant, complex and velvety in the mouth. The tannins are well balanced.</i>		€22.00
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France - Les Janelles Pinot Noir <i>The wine is long and fat in the mouth and the tannins are nicely integrated.</i>	G1 €7.65	€26.00
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Spain - Muriel Rioja Crianza Tempranillo <i>A smooth and elegantly balanced wine that leaves a delicious aftertaste.</i>	G1 €6.40	€23.00
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Argentina - El Esteco Merlot <i>A highly fruity wine where sweet tannins prevail. Tasteful, dry wine with pepper notes</i>	G1 €6.40	€23.00
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South Africa - Post House Shiraz/Pinotage <i>Full-bodied, rich wine with supple soft tannins for easy drinking.</i>		€23.00
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Italy - Frescobaldi Castiglioni Chianti <i>Vivacious ruby colour. Round, fruity - simply delicious.</i>		€26.00
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Chile - Torreón De Parades Private Collection Merlot <i>Smooth, complex and well rounded with soft tannins that provide a long and pleasant finish</i>		€28.00
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HALF BOTTLE

Chile - Torreón De Parades Merlot <i>Well-rounded with soft tannins that provide a pleasant finish.</i>		€12.50
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Rosé

USA - Round Hill White Zinfandel <i>Crisp and balanced with bright fruit aromas and flavours</i>	G1 €6.10	€24.00
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